

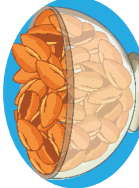
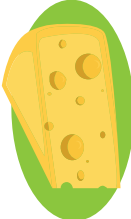




Name: _____

SIX ESSENTIAL NUTRIENTS

Write a nutrient and function for each food and complete the table.

Foods	Nutrients	Functions
rice 		
chicken 		
nuts 		
cheese 		
fruits and vegetables 		
water 		

PREVIEW

Gain complete access to the largest collection of worksheets in all subjects!

Members, please log in to download this worksheet.

Not a member? Please sign up to gain complete access.

www.mathworksheets4kids.com