

## Editing and Proofreading

Rewrite the passage with correct spellings, grammar and punctuations.

### What's up with Caffeine?

Do you ever drink coffee? What about tea, soda pop, or energy drinks? These have all something in common. Caffeine!

This chemical is known to boost your energy. It can give you a pep in your step when you haven't slept well or you need to be on your most best game for a big presentation.

But caffeine isn't always good for you. If you have trouble sleeping caffeine can make your insomnia worse. Your body will come to depend on the caffeine for energy. Pages with caffeine can be perfectly healthy but be drinking else in life!

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**sleeping, caffeine can**

**make your insomnia worse. it can also be addicting, which means your body will come**

**to depend on the caffeine to function normally. Drinking beverages with caffeine can**

**be perfectly healthy but be sure to keep a balance—just like with everything else in**

**life!**