

**Minutes and Seconds**

Example :  
 2 minutes 10 seconds = \_\_\_\_\_ seconds

**1 minutes = 60 seconds**  
 2 minutes = 2 x 60 seconds  
 = **120 seconds**

2 minutes 10 seconds = **120 seconds** + 10 seconds

Convert the following to seconds

1) 5 minutes 10 seconds = \_\_\_\_\_ seconds

3) 7 minutes 35 seconds = \_\_\_\_\_ seconds

5) 15 minutes 10 seconds = \_\_\_\_\_ seconds

7) 9 minutes 6 seconds = \_\_\_\_\_ seconds

9) 2 minutes 30 seconds = \_\_\_\_\_ seconds

11) 6 minutes 5 seconds = \_\_\_\_\_ seconds

12) 12 minutes 6 seconds = \_\_\_\_\_ seconds

13) 10 minutes 12 seconds = \_\_\_\_\_ seconds

14) 4 minutes 20 seconds = \_\_\_\_\_ seconds

15) 13 minutes 29 seconds = \_\_\_\_\_ seconds

16) 7 minutes 15 seconds = \_\_\_\_\_ seconds

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