1) Turn the shape a quarter turn clockwise, then a half turn counterclockwise, then a quarter turn clockwise.

2) Turn the shape a half turn counterclockwise, then a quarter turn clockwise, then a half turn clockwise.

3) Turn the shape a quarter turn counterclockwise, then a half turn clockwise, then a quarter turn counterclockwise.

4) Turn the shape a half turn clockwise, then a quarter turn counterclockwise, then a half turn counterclockwise.
1) Turn the shape a quarter turn clockwise, then a half turn counterclockwise, then a quarter turn clockwise.

2) Turn the shape a half turn counterclockwise, then a quarter turn clockwise, then a half turn clockwise.

3) Turn the shape a quarter turn counterclockwise, then a half turn clockwise, then a quarter turn counterclockwise.

4) Turn the shape a half turn clockwise, then a quarter turn counterclockwise, then a half turn counterclockwise.